



# Afterschool Programs...

*Youth are more likely to smoke, drink, do drugs, or engage in sexual activity during the hours of 3pm - 6pm.<sup>1</sup>*



## Reduce Risky Behaviors

The percentage of middle school NC SOS afterschool participants receiving out-of-school **suspensions decreased** as compared to their previous year in school, as did the percentage of those receiving in-school suspensions.<sup>4</sup>

**73% of working parents** believe that afterschool programs help decrease negative peer influences leading to drug, alcohol, and tobacco use.<sup>10</sup>

*Prescription Drug Abuse:* Approximately one in five teenagers (18 percent), or **4.3 million teenagers nationally, report abusing Vicodin**; 2.3 million teenagers nationally report abusing OxyCotin.

The likelihood of having sex for the first time increases with the number of unsupervised hours that teens have in a week.<sup>7</sup> For boys, this unsupervised time was related to more sexual partners over a lifetime and to an increase risk of STD infection. For girls, the likelihood of being sexually active was greater for those who did not participate in afterschool activities.<sup>7</sup>



### Did you know...

69% of kids said, "When meeting with friends, we usually get together to hang out without anything specific to do."<sup>2</sup>



Self-care and boredom can increase the likelihood that a young person will experiment with drugs and alcohol as much as 50%.<sup>5</sup>



**Over half of teens in grades 7-12 say someone has tried to sell or give them drugs.** 26% of youth say they "see people their age using drugs or alcohol."<sup>6</sup>



Participants in Big Brothers Big Sisters of America were 45% less likely than their counterparts to initiate drug use and 27.4% less likely to initiate alcohol use.<sup>3</sup>

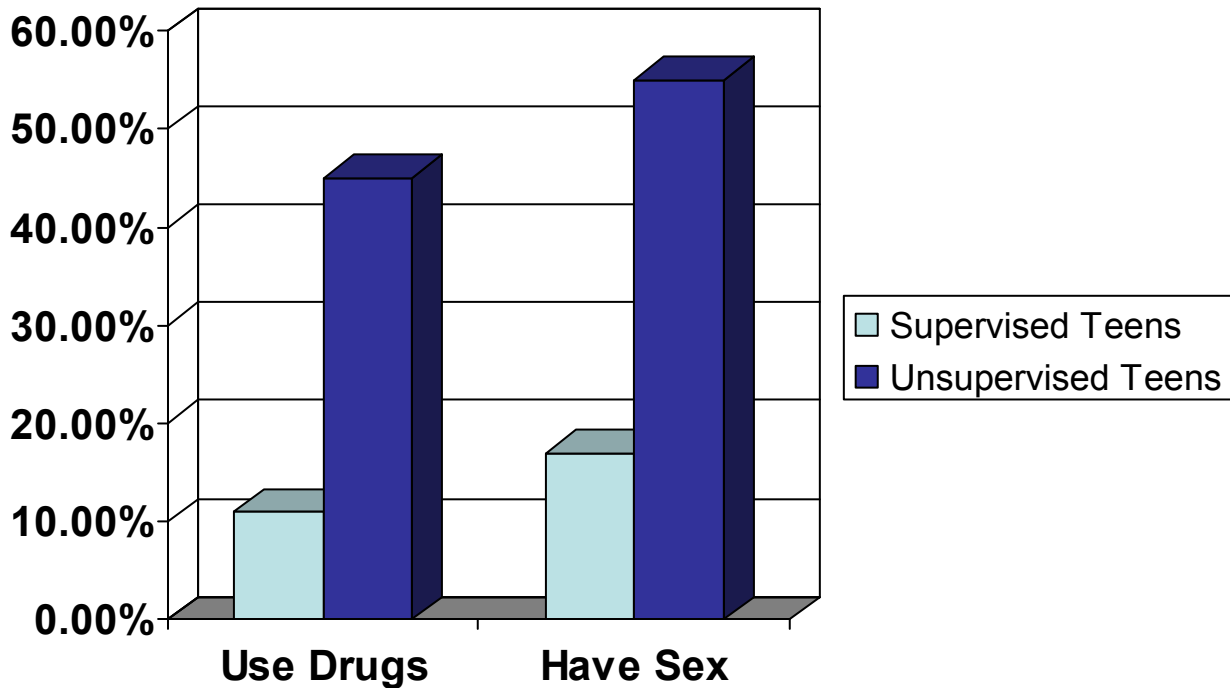
*Afterschool programs may reduce risky sexual behavior. Students who spend no time in extracurricular activities are **37% more likely to become teen parents** than those who spend one to four hours per week in extracurricular activities.<sup>9</sup>*

### Teen Births<sup>8</sup>

Statistic	North Carolina	Percent	United States	Percent
Girls Under 15	47	0.3%	7,315	1.7%
Girls 15-17	4,591	33.3%	138,731	32.1%
Girls 18-19	9,165	66.4%	286,762	66.3%

# New York Teen Survey

Comparing teens who have adult supervision after school to teens left unsupervised three days a week:



Survey by Mason-Dixon Research for Fight Crime: Invest in Kids

Results from the 2002 Monitoring the Future study of 44,000 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders showed that **more than half of 12<sup>th</sup> graders have used an illicit drug**, 30% have used some drug other than marijuana and 11% have used ecstasy.<sup>2</sup>

<sup>1</sup> Fight Crime: Invest in Kids, "America's First Afterschool Choice: The Prime Time for Juvenile Crime, or Youth Enrichment and Achievement," 1999.

<sup>2</sup> Duffett, Ann and Jean Johnson. *Public Agenda Survey: All Work and No Play?*, 2004

<sup>3</sup> Grossman, J.B. *Making A Difference: An Impact Study of Big Brothers Big Sisters*, Philadelphia, PA: Public/Private Ventures, 2000.

<sup>4</sup> North Carolina Support Our Students 2001-2002 Program Highlights, at [http://www.edstar.org/sos\\_2002reports/021009\\_SOS\\_handout.doc](http://www.edstar.org/sos_2002reports/021009_SOS_handout.doc)

<sup>5</sup> National Survey of American Attitudes on Substance Abuse VIII: Teens and Parents 2003; and *Pediatrics*, Volume 84, Issue 3, The American Academy of Pediatrics, 1998.

<sup>6</sup> Partnership for a Drug-Free America, 1999.

<sup>7</sup> Cohen, D.A., *When and Where do Youths Have Sex? "The Potential Role of Adult Supervision,"* 2002.

<sup>8</sup> U.S. Department of Health and Human Services. (2004). 2002 natality data set [CD-ROM]. CD-ROM S

<sup>9</sup> National Institute on Drug Abuse (NIDA) and National Institute on Health (NIH) *Monitoring the Future Study*: Ann Arbor, MI: University of Michigan, Institute for Social Research, 2002.

<sup>10</sup> Young Scholars Program "Afterschool Survey of Working Parents," 2005.

<sup>11</sup> The Partnership for a Drug-Free America. "Generation Rx: National Study Reveals New Category of Substance Abuse Emerging: Teens Abusing Rx and OTC Medications Intentionally to Get High." April 21, 2005. Retrieved from: [http://www.drugfree.org/Portal/DrugIssue/Research/Generation\\_Rx\\_National\\_Study\\_Reveals\\_New\\_Category/Teens\\_Abusing\\_Rx\\_and\\_OTC\\_Medications](http://www.drugfree.org/Portal/DrugIssue/Research/Generation_Rx_National_Study_Reveals_New_Category/Teens_Abusing_Rx_and_OTC_Medications).